

Bias
Brent Irish Advisory Service

Community Directory

HELPING YOU TO FIND THE RIGHT SERVICE



General Contacts	3
Community Health and Wellbeing	4
Advice Support	11
Employment Support	14
Mental Health Support	15
Food Support Providers	19
Transport.....	20
Housing	22
Other Useful Contacts.....	24
My Contacts	25

General Contacts

Service:	Brent Council
Address:	Brent Civic Centre Engineers Way Wembley, HA9 0FJ
Contact Details:	Phone: 020 8937 1234 Email: customer.services@brent.gov.uk Website: www.brent.gov.uk

Service:	Brent Council Adult Social Care for Older People
Address:	Brent Civic Centre Engineers Way Wembley, HA9 0FJ
Contact Details:	Phone: 020 8937 4300 Email: adultsocialcare@brent.gov.uk Website: www.brent.gov.uk

Service:	Local Hospital – Northwick Park Hospital
Address:	Watford Road Harrow HA1 3UJ United Kingdom
Contact Details:	Phone: 020 8864 3232

Service:	Community Mental Health Services for Older People
Address:	Fairfields House 1-3 Fairfield Court Kingsbury London NW9 0PS
Contact Details:	Phone: 020 8206 3950

Community Health and Wellbeing

Service:	Be-a-Friend
Provider:	Brent Irish Advisory Service
Service description:	Social support for elderly socially isolated.
Contact details:	t: 020 8459 6655 / e: ersilia@biasbrent.co.uk
Location:	Service user place and/or agreed location.
Availability:	Time and day of visits to be agreed with volunteers
Referral Criteria:	Seniors aged 60 and above, living independently in Bren
Referral Form:	Contact volunteer manager at ersilia@biasbrent.co.uk
Cost:	Free
Further Information:	N/a

Service:	Active Ageing Clubs
Provider:	Brent Irish Advisory Service
Service description:	Activities designed to entertain elderly. Club offers a different range of activities such as tea/coffee, snacks and sandwiches, music, dance and bingo.
Contact details:	t: 020 8459 6655 / e: Maggie@biasbrent.co.uk
Location:	Cricklewood Trades Hall, 134 Cricklewood Ln, London NW2 2DP (Thursday) Catholic Church of St Mary and St Andrew, 216 Dollis Hill Ln, London NW2 6HE (Tuesday)
Availability:	Tuesdays & Thursdays 12:30 15:30
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	£ 5,00
Further Information:	N/a

Service:	Brent Pensioners Forum
Provider:	Brent
Service description:	Meetings to represent the interests of the older residents of the Borough of Brent.
Contact details:	e: brentpensionersforum@outlook.com
Location:	Brent Civic Centre, Engineers Way, Wembley HA9 OFJ
Availability:	Each 1st Wednesday of the Month 10am to 12noon

Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Brent Pensioners Café
Provider:	Brent
Service description:	Coffee meetings to bring older people together
Contact details:	e: brentpensionersforum@outlook.com
Location:	The Yellow, Humphrey Repton Lane, Wembley Park, HA9 0GL
Availability:	Wednesdays at 11:00 am (except first Wednesday of the month)
Referral Criteria:	For Pensioners in Brent
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	V-i-a New Beginning
Provider:	Brent V-i-a
Service description:	Health and Wellbeing advice service specialised in drug and alcohol
Contact details:	020 7421 3100
Location:	97 Cobbold Road, London, NW10 9SU
Availability:	Monday to Friday 9:00-17:00
Referral Criteria:	Alcohol and Drug issues
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Age UK dementia Activities
Provider:	Age UK
Service description:	Free dementia activities for people living with dementia and the people caring for them
Contact details:	07925 148 169
Location:	Your own home
Availability:	Different days and time
Referral Criteria:	Service users suffering of dementia
Referral Form:	N/a

Cost:	Free
Further Information:	1 hour assessment and 6 weeks programme where a professional will visit once a week.

Service:	Barnardo's - Out of Hours Support Line
Provider:	Bernardo's
Service description:	Family Support and Early Help services on evenings (Monday, Wednesday and Friday) and weekends to families living in the London Borough of Brent.
Contact details:	T: 0126 890 4228 / e: coopservice@bernardos.org.uk
Location:	N/a
Availability:	Mon-Wed-Fri 6PM - 10PM Sat-Sun 10AM-5PM
Referral Criteria:	Being a family in Brent in need of support
Referral Form:	On website
Cost:	Free
Further Information:	N/a

Service:	Irish Community Café
Provider:	London Irish Centre
Service description:	Distributing homely, nutritious, and high-quality food for people of the Irish Community.
Contact details:	T: 020 7916 2222 / e: community@londonirishcentre.org
Location:	London Irish Centre, 50-52 Camden Square, London, NW1 9XB, United Kingdom
Availability:	Tue-Wed-Fri 12-2 pm
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	£ 5,00
Further Information:	N/a

Service:	London Irish Community Voice Choir
Provider:	London Irish Centre
Service description:	A Choir group for those who would like to Discover the magic of harmonizing with fellow community members.
Contact details:	T: 020 7916 2222 / e: community@londonirishcentre.org
Location:	London Irish Centre, 50-52 Camden Square, London, NW1 9XB, United Kingdom
Availability:	Wednesdays 6:30-8:30 pm
Referral Criteria:	N/a
Referral Form:	N/a

Cost:	£ 70,00 per term, £ 35 half term
Further Information:	N/a

Service:	Creative group
Provider:	London Irish Centre and ICAP
Service description:	Group sessions based on creativity.
Contact details:	T: 020 7916 2222 / e: community@londonirishcentre.org
Location:	London Irish Centre, 50-52 Camden Square, London, NW1 9XB, United Kingdom
Availability:	Every other Thursday 2pm-4pm
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Digital Inclusion
Provider:	London Irish Centre
Service description:	It aims to bridge the digital divide that impacts millions of people in the UK
Contact details:	T: 020 7916 2222 / e: community@londonirishcentre.org
Location:	London Irish Centre, 50-52 Camden Square, London, NW1 9XB, United Kingdom
Availability:	Based on appointment
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Fig Tree Gardening Club
Provider:	Mind
Service description:	Based on the principles of social and therapeutic horticulture, this weekly group will offer participants the opportunity to learn how to maintain a garden that supports a wide variety of plants and wildlife, whilst becoming more mindful of ways to improve wellbeing.
Contact details:	07710092811 / tacres@bwwmind.org.uk
Location:	Look Aheads Beethoven Street Garden
Availability:	Thursdays 11am-1pm
Referral Criteria:	18+ living in the boroughs of Brent, Wandsworth, and Westminster whose lives have been affected by mental health

	issues and would like to improve their wellbeing through gardening.
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Green Minds
Provider:	Mind
Service description:	Improving mental health and wellbeing by developing a stronger mutually supportive relationship between people and nature.
Contact details:	07710092811 / tacres@bwwmind.org.uk
Location:	The Royal Parks
Availability:	To be announced - Project runs between April and December
Referral Criteria:	open to anyone aged 18 or over who has experience of mental health issues and would like to improve their wellbeing by connecting with nature.
Referral Form:	Referral form available on website
Cost:	Free
Further Information:	N/a

Service:	Regaining your independence
Provider:	Brent
Service description:	Reablement is a short term and intensive service designed to help people in their recovery after an illness or disability. It helps the patient to re-learn important skills needed for daily living whilst allowing maximum independence.
Contact details:	020 8937 4300
Location:	Not stated
Availability:	Monday - Friday, from 9am - 5pm
Referral Criteria:	Brent resident aged over 18 who requires short-term intensive assistance with daily living goals struggling with daily activities such as washing, dressing, eating, moving around inside and outside the home
Referral Form:	Referral on Website
Cost:	Free
Further Information:	N/a

Service:	Equipment to help you live independently
Provider:	Brent

Service description:	If you are older, have a long-term illness or have a disability, you may benefit from specialised equipment that can help you to live safely and independently in your home.
Contact details:	020 8937 4300
Location:	N/a
Availability:	Not stated
Referral Criteria:	Older, have a long-term illness or have a disability
Referral Form:	Referral on Website
Cost:	Free
Further Information:	N/a

Service:	Hestia Drop in
Provider:	Hestia Brent
Service description:	A service where residents (aged 16+) of the borough can go if they are experiencing a mental health crisis. You can simply turn up, no appointment necessary.
Contact details:	T: 07469856963 / e: BH.Cove@hestia.org
Location:	Brent Hub Community Enterprise Centre, 6 Hillside, London, NW10 8BN
Availability:	2-10pm Monday- Sunday, 365 days a year
Referral Criteria:	Individuals who are struggling to cope with their mental health and daily life
Referral Form:	Referral to be sent by email
Cost:	Free
Further Information:	N/a

Service:	Elders Voice Drop In
Provider:	Elders Voice
Service description:	A free drop-in for retirees who want to spend time with others.
Contact details:	T: 020 8206 7503 / e: info@eldersvoice.org.uk
Location:	181 Mortimer Rd, London NW10 5TN
Availability:	Mondays, Tuesdays & Thursdays, 1pm-3pm
Referral Criteria:	Being 60 years old
Referral Form:	Contact the Wellbeing Manager on: 020 8206 7503 or email: info@eldersvoice.org.uk
Cost:	Free
Further Information:	N/a

Service:	Elders Voice Chair Yoga
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Provider:	Elders Voice
Service description:	Chair Yoga is a gentle, seated exercise class for people who want to stay supple in body and mind.
Contact details:	T: 020 8206 7503 / e: info@eldersvoice.org.uk
Location:	181 Mortimer Rd, London NW10 5TN
Availability:	Tuesdays at 12pm-1pm
Referral Criteria:	N/a
Referral Form:	To contact the Wellbeing Manager on: 020 8206 7503 or email: info@eldersvoice.org.uk
Cost:	£4.00 per session
Further Information:	N/a

Service:	Elders Voice Zumba Gold
Provider:	Elders Voice
Service description:	Zumba Gold is a Latin dance & aerobics class which combines various dance moves including those from salsa, samba, mambo, cha cha and more, all to the sound of fabulously upbeat, Latin dance music.
Contact details:	T: 020 8206 7503 / e: info@eldersvoice.org.uk
Location:	181 Mortimer Rd, London NW10 5TN
Availability:	Wednesdays at 11am-12pm
Referral Criteria:	Being 60+ years old
Referral Form:	To contact the Wellbeing Manager on: 020 8206 7503 or email: info@eldersvoice.org.uk
Cost:	£4.00 per session
Further Information:	N/a

Service:	Weight Training Group Class
Provider:	Elders Voice
Service description:	Discover how to use weight training as a wonderful way to keep fit in later life. Boost your heart health, improve you balance & posture and strengthen your bones!
Contact details:	T: 020 8206 7503 / e: info@eldersvoice.org.uk
Location:	181 Mortimer Rd, London NW10 5TN
Availability:	Based on appointment
Referral Criteria:	Being 60+ years old
Referral Form:	To contact the Wellbeing Manager on: 020 8206 7503 or email: info@eldersvoice.org.uk
Cost:	Free
Further Information:	N/a

Service:	Day Centres
Provider:	Elders Voice
Service description:	The Elders Voice Day Centre is a place that supports positive ageing and focusses on improving the physical and mental wellbeing of the individuals that attend.
Contact details:	T: 020 8206 7503 / e: info@eldersvoice.org.uk
Location:	181 Mortimer Rd, London NW10 5TN
Availability:	Mon 12.30pm-4pm, Tue 11.30am-3pm, Thu 12.30pm-4pm
Referral Criteria:	Being 60+ years old
Referral Form:	To contact the Wellbeing Manager on: 020 8206 7503 or email: info@eldersvoice.org.uk
Cost:	A session costs £45 which includes tea, coffee & biscuits. Clients are welcome to bring their own packed lunches.
Further Information:	N/a

Service:	Handyperson Service
Provider:	Elders Voice
Service description:	The Handyperson Service aims to prevent accidents in the home and enable older people to live safely and independently. The service carries out basic repairs and improvements,
Contact details:	T: 020 8206 7503 / e: info@eldersvoice.org.uk
Location:	181 Mortimer Rd, London NW10 5TN
Availability:	Based on appointment
Referral Criteria:	N/a
Referral Form:	contact the Wellbeing Manager on 020 8206 7503 or email: info@eldersvoice.org.uk
Cost:	From £ 2.50 - £ 10 per job.
Further Information:	N/a

Advice Support

Service:	Brent Irish Advice Service Support
Provider:	BIAS
Service description:	Welfare Advice
Contact details:	T: 020 8459 6655 / advice-team@biasbrent.co.uk

Location:	379-381 High Road, Willesden, NW10 2JR
Availability:	Tuesdays & Thursdays 10:00 12:30
Referral Criteria:	Irish Connection
Referral Form:	N/a
Cost:	Free
Further Information:	Contact BIAS if you need an appointment or further info

Service:	Legal Advice Will Writing
Provider:	Age UK
Service description:	Trusted and qualified Legal Adviser who offers a Will Writing and Estate Planning service across Hillingdon, Harrow and Brent.
Contact details:	020 8756 3040
Location:	To check with the service
Availability:	Based on Appointment
Referral Criteria:	Elderly in need of Legal Support
Referral Form:	N/a
Cost:	Stated to be affordable, but it needs to be asked
Further Information:	N/a

Service:	The John Fisher Free Legal Advice Sessions
Provider:	Citizen Advice
Service description:	Free Legal Advice Sessions. The sessions are attended by both trainees and solicitors of Clyde & Co as well as a number of legal advisers from local and other City firms.
Contact details:	0208 438 1249 (active Mon to Fri 10am-4pm)
Location:	270-272 High Road, NW10 2EY
Availability:	Monday to Thursday 9am to 4.30pm and Friday 9am to 4pm
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	Service user needs to book an assessment first.

Service:	Cost of Living Crisis Prevention
Provider:	Citizen Advice
Service description:	Offering Cost of Living Support nationally and locally
Contact details:	0208 438 1249 (active Mon to Fri 10am-4pm)
Location:	Brent Civic Centre – every Monday and Friday Brent Civic Centre – 2 nd and 4 th Tuesday of each month

	Willesden Hub – 1 st and 3 rd Tuesday of each month Harlesden Hub – Wednesdays Kilburn Hub – Thursdays
Availability:	10am-4pm
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Debt and Money Management Advice Service
Provider:	Citizen Advice
Service description:	Help and advice regarding money and debts
Contact details:	0800 808 5873
Location:	270-272 High Road, NW10 2EY
Availability:	Mon-Fri 10am-4pm
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	Service available for appointment only.

Service:	Help to Claim Universal Credit
Provider:	Citizen Advice
Service description:	In person help to claim Universal Credit
Contact details:	0800 144 8444
Location:	270-272 High Road, NW10 2EY
Availability:	Mon-Fri 10am-4pm via telephone and webchat
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	In-person booked appointment take place on Fridays only.

Service:	Legal advice in Camden and Brent
Provider:	North west London Law Centres
Service description:	Providing free legal advice to the people of Camden and Brent
Contact details:	0207 284 6510
Location:	12 Greenland Road, London NW1 0AY
Availability:	Mon-Fri 10am-4pm
Referral Criteria:	N/a

Referral Form:	N/a
Cost:	Free of Charge initial appointment
Further Information:	N/a

Employment Support

Service:	Free the Forgotten
Provider:	Free the Forgotten
Service description:	Employment and general advice, aiming to elderly social inclusion
Contact details:	447375676107 / anisa@freetheforgotten.com
Location:	220 Church Road, London, NW10 9NP
Availability:	Monday to Saturday 09:00 19:00
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Brent Works
Provider:	Brent
Service description:	A service and a place to find your next job or apprenticeship in Brent
Contact details:	0208 937 6295 / brent.works@brent.gov.uk
Location:	Brent Civic Centre, Engineers Way, Wembley HA9 0FJ
Availability:	Mon-Frid
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Brent Starts
Provider:	Brent
Service description:	Workshops to help residents develop their skills further and gain new qualifications. Courses include beauty, health and social care, business and ICT and languages.
Contact details:	020 8937 3950 / brent.start@brent.gov.uk
Location:	Various locations in Brent

Availability:	Mon-Fri 9am-5pm
Referral Criteria:	Everyone can access the service; however apprenticeship service is open to 19 to 24 years old Brent residents with little or no work experience who are interested in a career in childcare, construction, audit, social care and/or business administration.
Referral Form:	N/a
Cost:	Your course fees, if any, will depend on your circumstances, you may be entitled to full funding for some of the courses.
Further Information:	N/a

Mental Health Support

Service:	ANA Nursing
Provider:	Ana nursing
Service description:	In-home care, assistance coping with dementia and Parkinson's disease
Contact details:	020 8905 7701 / info@ana-nursing.co.uk
Location:	Willesden Centre for Health and Care, Robson Avenue, Willesden, London
Availability:	Based on appointment
Referral Criteria:	Service user has to be affected by Dementia and Parkinson
Referral Form:	To be discussed with Ana Nursing Manager
Cost:	££ - to be discussed
Further Information:	N/a

Service:	Brent Carer Centre
Provider:	Brent Carer Centre
Service description:	Supporting unpaid adult and young carers since 1994.
Contact details:	020 3802 7070
Location:	Willesden Medical Centre, 3rd Floor, 144-150 High Road, Willesden, NW10 2PT
Availability:	Mon-Fri 9am-5pm
Referral Criteria:	Be an unpaid carer
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Brent Rethink Mental Illness
Provider:	Rethink
Service description:	The Brent Rethink Mental Health service provides support to adults with mental health needs aged 18+, within the Brent borough alongside statutory services. Services available: peer navigators support, substance misuse support, mental health and recovery workshops.
Contact details:	07775697854 / brentmentalhealth@rethink.org
Location:	Christchurch Ave, Harrow HA3 5BD
Availability:	Mon-Fri 9am-5pm
Referral Criteria:	Aged 18+, living in Brent, have mental illness and/or misuse problems, accessing CNWL or eligible for CNWL services.
Referral Form:	To request via email.
Cost:	Free
Further Information:	N/a

Service:	Bernardo's – Out of Hours Support Line
Provider:	Bernardo's Brent
Service description:	Family Support and Early Help services on evenings (Monday, Wednesday and Friday) and weekends to families living in the London Borough of Brent.
Contact details:	0126 890 4228/ coopservice@bernardos.org.uk
Location:	N/a, to send referrals and wait to be contacted
Availability:	Mon-Wed-Fri 6PM - 10PM Sat-Sun 10AM-5PM
Referral Criteria:	Being a parent and living in Brent
Referral Form:	On website or to request via email.
Cost:	Free
Further Information:	N/a

Service:	ICAP Men's Talking Group
Provider:	London Irish Centre and ICAP
Service description:	Men's talking therapy groups
Contact details:	T: 020 7916 2222 / e: community@londonirishcentre.org
Location:	London Irish Centre, 50-52 Camden Square, London, NW1 9XB, United Kingdom
Availability:	Bi-weekly running 11am-12:00
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free

Further Information:	N/a
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Service:	Mind Talking Therapy
Provider:	Mind & CNWL
Service description:	IAPT is a nationwide initiative by the Department of Health, aiming to bring talking therapy to people with mild to moderate depression and anxiety.
Contact details:	020 7259 8129 / talkingtherapies@bwwmind.org.uk
Location:	Westminster and Brent Hub, 23 Monck St, SW1P 2AE
Availability:	Based on appointment
Referral Criteria:	Self-referral on Website
Referral Form:	On website or to request via email
Cost:	Free
Further Information:	N/a

Service:	Mind RISE Counselling & Psychotherapy
Provider:	Mind & RISE
Service description:	This private Counselling and Psychotherapy service is open to residents of Brent, Wandsworth, Westminster and neighbouring boroughs who don't meet 'Free Counselling Criteria'.
Contact details:	020 7259 8134 / risecounselling@bwwmind.org.uk
Location:	Westminster and Brent Hub, 23 Monck St, SW1P 2AE
Availability:	Based on appointment
Referral Criteria:	Need of psychotherapy, depression, and anxiety
Referral Form:	On website or to request via email
Cost:	Low cost £35 with a trainee and £55 with a professional
Further Information:	N/a

Service:	Mind supported self-help
Provider:	Mind
Service description:	This is a one-to-one guided self-help service, not a counselling service. But our practitioners do use counselling-based skills in their support.
Contact details:	020 7259 8129 / ssh@bwwmind.org.uk
Location:	Westminster and Brent Hub, 23 Monck St, SW1P 2AE
Availability:	Based on appointment
Referral Criteria:	Suffering of depression and anxiety
Referral Form:	On website or to request via email

Cost:	Free
Further Information:	N/a

Service:	Mind in Music
Provider:	Mind
Service description:	Creative digital music production programme. It allows participants to be a part of a social support group, providing users with an outlet for creativity, to build their confidence and skills, and meet likeminded
Contact details:	0771 0092911 / tacres@bwwmind.org.uk
Location:	Not stated
Availability:	Not stated
Referral Criteria:	Anyone aged 18 or over with a passion for music and mental health.
Referral Form:	On website or to request via email.
Cost:	Free
Further Information:	N/a

Service:	The Cove
Provider:	Hestia and CNWL
Service description:	Hestia's Cove services are a community-based mental health service for adult residents in Harrow and Brent providing free counselling and emotional support therapy sessions.
Contact details:	07469856963 / BH.Cove@hestia.org
Location:	Brent Hub Community Enterprise Centre, 6 Hillside, London, NW10 8BN
Availability:	2-10pm, 7 days a week
Referral Criteria:	Open to residents of Brent, aged 16+
Referral Form:	To request via email
Cost:	Free
Further Information:	N/a

Service:	Green Minds
Provider:	Mind
Service description:	Improving mental health and wellbeing by developing a stronger mutually supportive relationship between people and nature.
Contact details:	07710092811 / tacres@bwwmind.org.uk
Location:	The Royal Parks
Availability:	To be announced - Project runs between April and December

Referral Criteria:	Anyone aged 18+ who has experience of mental health issues and would like to improve their wellbeing by connecting with nature.
Referral Form:	Referral form available on website
Cost:	Free
Further Information:	N/a

Food Support Providers

Service:	Community Fridge
Provider:	London Irish Centre and Felix Project FEAST
Service description:	Fresh food donations for collection, open to anyone.
Contact details:	020 7916 2222 / community@londonirishcentre.org
Location:	London Irish Centre, 50-52 Camden Square, London, NW1 9XB, United Kingdom
Availability:	Fridays 12-4 pm
Referral Criteria:	N/a
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Brent Food Bank
Provider:	Brent
Service description:	Emergency Food for people living in Brent and with vouchers.
Contact details:	0203 7455 972 / info@brent.foodbank.org.uk
Location:	St Mary's Church, Church End (Next to Church End roundabout), Neasden Lane, NW10 2TS
Availability:	Tue-Thu 12:30-15:00
Referral Criteria:	In need of Food
Referral Form:	Referral instruction on website or Available at Brent Hub
Cost:	Free with Voucher
Further Information:	N/a

Service:	Brent Food Bank
Provider:	Brent
Service description:	Emergency Food for people living in Brent and with vouchers.
Contact details:	0203 7455 972 / info@brent.foodbank.org.uk
Location:	Lindsay Park Baptist Church, The Mall, Kenton, HA3 9TG
Availability:	Wed 13:00-15:00

Referral Criteria:	In need of Food
Referral Form:	Referral instruction on website or Available at Brent Hub
Cost:	Free with Voucher
Further Information:	N/a

Service:	Brent Food Bank
Provider:	Brent
Service description:	Emergency Food for people living in Brent and with vouchers.
Contact details:	0203 7455 972 / info@brent.foodbank.org.uk
Location:	Lindsay Park Baptist Church, The Mall, Kenton, HA3 9TG
Availability:	Wed 13:00-15:00
Referral Criteria:	In need of Food
Referral Form:	Referral instruction on website or Available at Brent Hub
Cost:	Free with Voucher
Further Information:	N/a

Service:	Brent Surplus Market
Provider:	London Community Kitchen and Central Mosque of Brent
Service description:	Run by Central Mosque of Brent open to everyone regardless of income.
Contact details:	07366 088811 or 0208 450 1987 / centralmosqueofbrent@gmail.com
Location:	42 Station Parade, Willesden Green.NW2 4PU
Availability:	Fridays 1pm
Referral Criteria:	n/a
Referral Form:	n/a
Cost:	Free, only cost of purchases
Further Information:	N/a

Transport

Service:	Blue Badge Scheme
Provider:	Brent
Service description:	Helps people with a disability or a health condition, which affects their ability to walk, to park closer to their destination.
Contact details:	02089375796
Location:	Online

Availability:	Mon-Fri
Referral Criteria:	For people with disabilities
Referral Form:	To check on website
Cost:	£10,00 of charge to apply and each time for renewal
Further Information:	BIAS can help to obtain a blue badge if the service user is Irish or descendent

Service:	Disabled Person's Parking Place
Provider:	Brent
Service description:	A disabled person's parking place (DPPP) is a parking space marked on the public highway by a white painted box with a sign that shows it is for the use of blue badge holders only. We also offer a personalised disabled persons parking place (PDPPP) for those that meet the required criteria, where parking in such a bay is vehicle and permit specific.
Contact details:	Apply online
Location:	Online
Availability:	Mond-Fri
Referral Criteria:	<ul style="list-style-type: none"> - has a valid blue badge - does not have access to a driveway, a garage, or alternative on street/ off street parking - experiences mobility differences which can be confirmed by GP - experiences problems parking near property.
Referral Form:	Online
Cost:	Free
Further Information:	N/a

Service:	Dial-a-Ride
Provider:	Transport of London
Service description:	It is a TfL's free door-to-door service for those with permanent and/or long-term disabilities.
Contact details:	dar@tfl.gov.uk / charges apply: 0343 222 7777
Location:	Online
Availability:	Mon-Sun 7am-23pm Telephone services are available from 6am until midnight
Referral Criteria:	Long term disabilities
Referral Form:	Online on website
Cost:	Free
Further Information:	Use DAR free app to book rides, access contact information and check the status of trips.

Service:	Taxi Card
Provider:	Brent
Service description:	The scheme offers reduced fares in black cabs for people who have serious long-term mobility impairment, or severe severe sight impairment, and difficulty in using public transport.
Contact details:	020 8937 5796 / independenttravelteam@brent.gov.uk
Location:	Independent Travel Team, Brent Civic Centre, Engineers Way, Wembley, HA9 0FJ
Availability:	Based on availability time changes.
Referral Criteria:	<ul style="list-style-type: none"> - In receipt of Disability Living Allowance - In receipt of War Pensioners' Mobility supplement - Blind or severely sight impaired
Referral Form:	Online on website
Cost:	minimum fare cost: £ 3.80 – maximum: £ 10,00
Further Information:	Taxi card can be used anytime, 24h a day, 365 days of the year, subject to taxi and private hire vehicle availability. All Journeys must either start or finish in the borough. You can use it for: visit relatives, attend GP appointments, go shopping or any other type of use. NOT for personal hospital appointments. Trips allowed: 8 per month (rollover)

Housing

Service:	Housing advice BIAS
Provider:	BIAS
Service description:	Offering support about renting, council tax, homelessness prevention and more.
Contact details:	T: 020 8459 6655 / aldasair@biasbrent.co.uk / advice-team@biasbrent.co.uk
Location:	379-381 High Road, Willesden, NW10 2JR
Availability:	Tuesdays & Thursdays 10:00 12:30
Referral Criteria:	Irish Connection
Referral Form:	N/a
Cost:	Free
Further Information:	N/a

Service:	Housing options for elderly
Provider:	Brent Council

Service description:	If you are unable to stay in your accommodation due to your support needs, there are several options available, depending on your situation.
Contact details:	housingreasonablepref@brent.gov.uk
Location:	N/a
Availability:	Based on appointment
Referral Criteria:	To be checked
Referral Form:	Online
Cost:	Free
Further Information:	Depending on the situation, different services are available, to contact service or BIAS for more details.

Service:	Innisfree Housing Association
Provider:	Innisfree
Service description:	Irish housing association, providing high quality affordable homes, proud of our Irish roots and our experience in working with migrant communities.
Contact details:	020 7625 1818 / info@innisfree.org.uk
Location:	Innisfree Housing Association, 190 Iverson Road, NW6 2HL
Availability:	Mon-Fri 9am-5pm
Referral Criteria:	Irish roots
Referral Form:	Online
Cost:	Cost based on flat
Further Information:	To contact Innisfree and/or BIAS for further information

Other Useful Contacts

Service	Telephone Number
Police, Ambulance, Fire – Emergency	999
Non-Emergency Police	101
Non-Emergency Medical Support	111
Samaritans Crisis Support	116 123
Victim Support	08 08 16 89 111

